

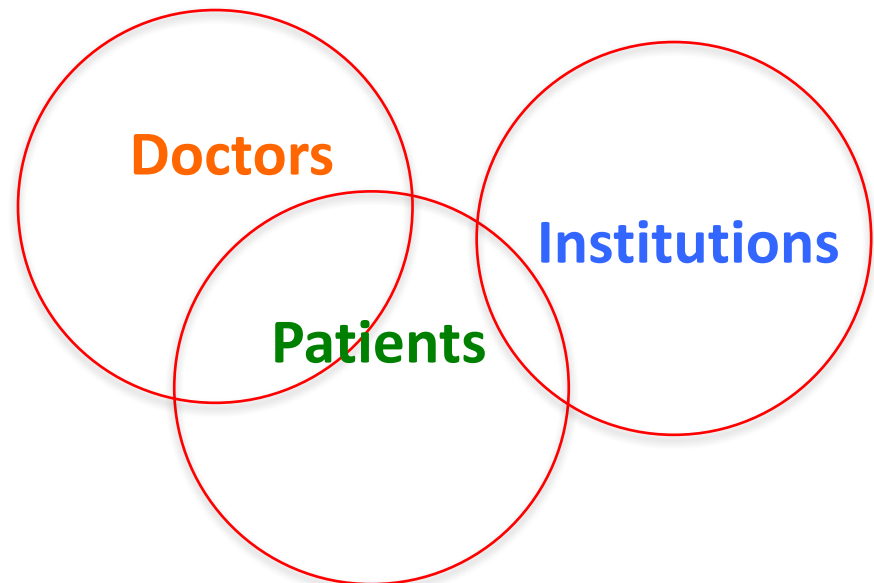
# The Italian 'white book'

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Need to highlight the new challenges in the era of well-controlled HIV infection

- ✓ Patient's perspective: the unmet needs
- ✓ Doctors perspective
- ✓ Institutions perspective



# HIV White Book- Scientific and Institutional approach

## *HIV as a model in chronic care*



- All patients need to be treated
- Involvement of all stakeholders
  - Support the implementation of recall tools (even digital) in collaboration with GPs, nurses and pharmacists
- A Multiorgan Approach is key
  - switch to assist adherence and prevent/manage comorbidities
  - awareness of ageing with main focus on 6 Areas
- Quality of Life
  - On top of individuals, consider QoL per populations such as migrants, womens, inmates etc, to reach 4° 90 as per WHO



# HIV Multiorgan Approach

*A paradigm beyond viral load suppression*

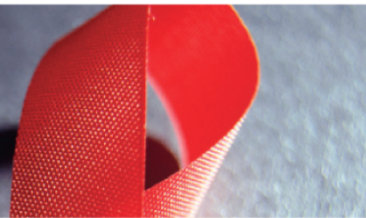
**GUARDIAMO OLTRE: ITALIAN DELPHI IN HIV. APPROCCIO MULTIDISCIPLINARE AL PAZIENTE CON HIV PER ANDARE OLTRE IL CONTROLLO DELLA CARICA VIRALE.**

## IL PROGETTO BEYOND UNDETECTABLE

Multidisciplinary approach to the patient with HIV to go beyond the control of viral load: italian Delphi in HIV

- HIV virus can be successfully controlled
- A multidisciplinary approach to surpass viral load control and raise the bar to highest Quality of Life
  - Consensus among Italian ID Specialist through Delphi Methodology
  - Identification and Prioritization of 6 Areas:
    - Cardiovascular
    - Nephrology
    - Osteoarticular
    - Metabolism
    - Liver
    - Central Nervous System, Psychology and Quality of Life

**BEYOND UNDETECTABLE**



# The Delphi method

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Delphi, ancient greek city with Apollo temple and oracle.

The method dates back to 1950, to preview the impact of technology on cold war scenarios.

It is a typical methodology of social research, used in health and clinical research



# Structure of the Project

## First phase

Identification of the clinical question and elaboration of the questionnaire

## Second phase

Involvement of a national PANEL of experts and creation of Delphi investigation

## Third phase

Analysis of data, drafting the final report and elaboration of statements

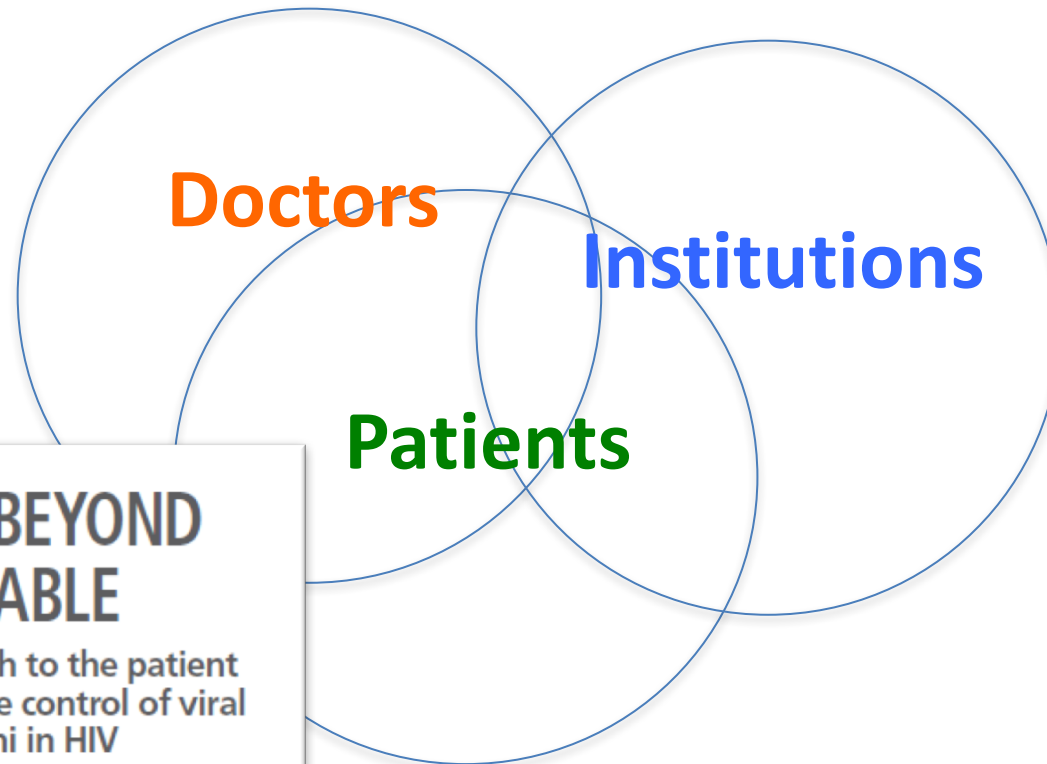
# National panel



## Centers:

- 16 Centers of the scientific board
- 38 Centers of the national panel
- 54 Centers in total

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