# DRUG AND ALCOHOL USE

#### Sustainable Development Goal Target 3.7



Most countries do not disaggregate data from national health surveys by sexual orientation and/or **do not ask questions** about gender identity.



LGBTI people are systematically disadvantaged, or actively **excluded**, from supportive drug and alcohol services.

Social exclusion and discrimination drive substance and alcohol abuse among LBGTI people, and **services are inadequate** for those who seek help.



The use of drugs, especially stimulants, is significantly higher among lesbian, gay, and bisexual people when compared to heterosexual people.

Among gay men, use of cannabis, ecstasy, and methamphetamine were all at least **3 times higher** than heterosexual men.

LGBTI people experience a broad range of harms as a consequence of their drug use, including significantly **high rates of overdose** and drug induced mental trauma.



Higher levels of **problematic alcohol use** among lesbian and bisexual women compared to heterosexual women have been reported in numerous countries around the world.

Social exclusion and discrimination drive substance and alcohol abuse among LBGTI people, and services are inadequate for those who seek help.

### Australia

Use of drugs by some intersex individuals was closely intertwined with experiences of bullying or used to help cope following genital reconstruction surgeries.

Use of any non-prescribed drug within the previous 12 months was **3 times higher** among lesbian and bisexual women.



#### Canada

Transgender people are significantly more likely to use cocaine and amphetamines compared to an age-matched reference population.

Gay and bisexual men were 7 times more likely to have used stimulant drugs and 15 times more likely to have used crystal methamphetamine compared to heterosexual men.

## U.S.A.

Transmen and transwomen report high rates of marijuana, cocaine, crack, and amphetamine use, and that substance use differs by gender.

## **MEMBER STATES MUST:**

(1)

Collect the coverage of drug use treatment interventions that are tailored for LGBTI people. 2

Disaggregate data by SOGIESC on the harmful use of alcohol. 3

Collect the number of services that address the use of stimulant drugs among LGBTI people nationally.



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